



Dear New Patient,

Thank you for choosing Paragon Eye Associates for your eye care needs. The doctors and staff look forward to introducing you to the benefits of quality eye care. Our team is devoted to making your experience with our office a pleasurable one. Our Arlington office is located at 801 W. Randol Mill Road, Suite 201 - across the street from Arlington Memorial Hospital. Our Mansfield office is located at 2925 E. Broad Street - at the intersection of Broad and Miller.

Patients with HMO or PPO insurance plans that require a referral, please contact your Primary Care Physician prior to your visit to obtain your referral. If you are uncertain about the need for a referral or covered expenses, please call your insurance carrier.

If your insurance does not pay for your office visit, if you have a co-pay, or you are uninsured, we ask that these services be paid at the time services are rendered. For your convenience, our office accepts personal checks, Visa, Master Card, American Express, Discover, CareCredit as well as Alphaeon.

Please arrive fifteen minutes early so that we may prepare your medical information for your visit. Allow about one and a half hours for your visit.

Also, as a new patient, we would like to inform you about what to expect from your first eye exam at Paragon Eye Associates.

- Your first visit to Paragon Eye Associates is a dilated, comprehensive evaluation that will take about one and a half hours. Your visit may take longer if you need specialized testing or have complex eye problems.
- Things that would be helpful to bring include:
  - Your medication list
  - All insurance cards
  - Driver's License/ Identification Card
  - Glasses
  - If you have had previous eye surgeries, please attempt to bring prior records.
  - A driver – not necessary, but recommended
- Your evaluation will begin with an in-depth medical history that will include any previous ophthalmic history and a medical review. Your medical history and current medication forms will need to be filled out prior to your examination.
- Your visual acuity will be tested by determining the smallest letters you can read on a standardized eye chart. Each eye will be tested individually to determine your best vision at distance and near. If you wear glasses or contacts, your vision will be tested with correction as well.
- A refraction, which is the important test performed to determine your best possible vision, as well as whether you have any astigmatism, and may be necessary regardless of whether you plan on getting glasses and/or contacts.

- Your eye muscle coordination will be tested to see if they are fully functional individually and when tested with the other eye.
- Pupil response to light will be examined to see if the light is being appropriately transmitted to your brain.
- Peripheral (side) vision will be checked to see if you are missing parts of your field of vision from diseases like glaucoma or strokes.
- A slit lamp microscope examination will be performed to look at health of the anterior segment of the eye, which includes your cornea.
- Intraocular pressure will be checked to see if your eye pressures are at a normal level.
- All new exams normally include a dilated eye exam of both eyes. This important part of the exam will allow the doctor to look at the inside and back of the eyes and check the health of your lens, retina and optic nerve. You may want to bring a driver with you as some people find it difficult to drive after being dilated.
- Others tests may also be performed on an as needed basis, depending on what the preceding parts of your examination have revealed. These include formal visual field testing, retinal photography, high resolution scans of the back of the eye, pachymetry to check your corneal thickness, and ophthalmic ultrasound.
- After the examination, your ophthalmologist will discuss the results of the exam with you and answer any questions you might have.

Feel free to contact us with any questions or concerns that you might have. We look forward to seeing you.

Sincerely,

The Paragon Eye Associates Team

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